

December 29, 2002

Hey Kids!



A habit is a behavior or action that is repeated. For example, brushing your teeth is a habit – hopefully! Saying the words “please” and “thank you” is a good habit.

In the movie, *Beauty and the Beast*, we discover that the Beast had a few bad habits. The Beast had a habit of losing his temper and scaring Belle, Lumiere, Cogsworth, and the others living in the castle. More than once, we heard Mrs. Potts tell him, “You must not lose your temper!”

Luckily, before the movie ended, we saw the Beast change. Not only from a beast to a human, but in the way he acted. He learned to share, to speak kindly, and to be friendlier. He learned better habits and became more loving.

As 2002 ends, and the New Year begins, it’s the perfect time to think about the habits we have. What are some habits you think you could change, or learn, to become a better young person? Perhaps you could change a habit of teasing to a habit of being more kind. Or change from fighting with brothers and sisters to sharing with them. Or you might break the habit of having a messy room to keeping your room picked up each day.

In a **brand new year**, anything is possible! Think of how you can make it a great year filled with good habits.



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Activities

Write a prayer asking God to help you have good habits in 2003.

Include in your prayer a habit you have that you would like to change in the New Year.



Christmas Joy All Year Long

In celebration of Christ’s birth, we sing *Joy to the World!* Fill in the blanks below and to check your answers, look on page 246 of the UM Hymnal.

Joy to the _____, the _____
is come!

Let _____ receive her _____;

Let every _____ prepare him room,
and

_____ and _____ sing.

Did you remember
to write thank you notes
for your Christmas presents?