

Books

In The Shadow of God's Wings: Grace in the Midst of Depression, © 1997, Upper Room Books, Nashville \$10.00 Group Study Guide \$7.00 In taking readers on her personal journey into depression, Gregg-Schroeder encourages a new understanding of the spiritual gifts that can come from depression.

Creating a Circle of Caring: The Church and the Mentally Ill by Shirley H. Strobel. A curriculum suitable for Sunday School built on a Biblical- based theological reflection, and designed to sensitize adults in the church to mental illness (12 one-hour or 6 two-hour sessions)

Resurrecting the Person: Friendship and the Care of People with Mental Health Problems by John Swinton. Swinton clarifies the psychological, social, and spiritual issues faced by mental health consumers recovering from serious mental illness. Swinton identifies the sources of stigma against mental illness and how the religious community can embrace and nurture the person suffering from serious mental illness, plus an empathic and educational perspective for all who support persons with such illness-families, loved ones, and consumers alike.

A Healing Homiletic: Preaching and Disability by Kathy Black. She addresses those difficult passages of scripture that have sometimes affected the negative ways in which churches have treated persons with disabilities in our communities with insight and compassion. She offers us the opportunity to find a biblical basis for this ministry and to use the pulpit to re-educate congregations.

When Someone You Love Has a Mental Illness: A Handbook for Family, Friends, and Caregivers; Rebecca Woolis, 1992, G. P. Putnam Sons, NY

Mental Health Ministries Video Resources

- #100 Creating Caring Congregations
- #101 Understanding Depression
- #102 Teenage Depression and Suicide
- #103 Overcoming Stigma, Finding Hope
- #104 Gifts in the Shadow (Depression/Clergy)
- #105 Addiction and Depression
- #106 Eating Disorders: Wasting Away
- #107 Anxiety: Overcoming Fear
- #108 Alzheimer's: Care and Support
- #109 "Mental Illness and Families of Faith"

Seraphim Communications

- A Place to Come Back To 20 min.
- The Church and Mental Illness 18 Min.

***Children and Mental Illness Week Worship Celebration Kit**

*** Honest Talk about Serious Mental Illness: A Four Session Curriculum for Youth**

Caring For Others As You Would Have Them Care For You

The Rev. Rose Ann Briotte is a clinically trained and experienced Mental Health professional. Rev. Briotte is appointed to Lakeshore Mental Health Institute, Knoxville, Tennessee, as a Psychiatric Chaplain. Originally from East Tennessee (Solway UMC), her family now reside in New York. A member of the Memphis Annual Conference, she has served within the bounds of the Holston Annual Conference for 11 years. She holds her M. Div. from Vanderbilt



Divinity School, MAR in Christian Education from Asbury Theological Seminary, and MSSW in Social Work from The University of Tennessee. She has 15 years of combined experience as Chaplain,

Psychiatric Technician, and Social Worker. She served as a Church & Community Worker with the General Board of Global Ministries for 7 years in the Kentucky and Memphis Annual Conferences and held appointments to the local church in The Memphis Annual Conference. Consultation with your pastor, congregation, or leadership training group is available, and e-mail consultation is also available. RoseAnn.Briotte@state.tn.us
615 Goldfinch Ave o Knoxville, TN 37920
(865) 584-1561 Ext. 7351

Resources for Caring Congregations



Mental Illness Task Force

Outreach/Advocacy Ministry Team

The Holston Conference
"by all means, win some"

The Mission of “Caring Communities”



The 1996 General Conference passed a resolution¹ calling all United Methodist congregations to become “Caring Communities.” The United Methodist Mental Illness Network was created to enable a

better understanding of mental illnesses and to foster ministry to and with persons with mental illness and their families.

The network is made up of congregations who, through their care and concern, have opened their doors and received, in full participation, persons struggling with mental illness and their families. Caring Communities also includes issues of better mental health and mentally healthy spirituality within your congregation.

Each congregation in the Holston Annual Conference is called to look beyond the stigma of this disease, to see the personhood, the gifts and graces of the individual. But, for persons in the midst of the struggle of mental illness, it also means relating to their needs. This usually begins when, as John Wesley put it, ones heart is “strangely warmed” and called to understand, care, and then act.

Help the people in your community get the facts, and learn about the rewards and benefits of this ministry.

Becoming a “Caring Community” involves five primary actions:

1. An educational program for the entire congregation.
2. A Covenant Statement by the Church Council to confirm ownership by the congregation.
3. A welcome publicized to the community.
4. On-going support.
5. Advocacy on mental illness issues affecting members of your congregation.

The above five steps are necessary to be approved as a “Caring Community” and listed on the nationwide General Board of Church & Society website and Mental Illness Network. For further information on what your church can do, visit this General Board of Church & Society website at: www.umc-gbcs.org/news/viewnews.php?newsId=377



Your Church Can Be Known as A Caring Community In the Holston Annual Conference

Completing three out of the five including the first and you will:

- ◆ Receive a certificate of completion
- ◆ Be invited to become a member of the Holston Annual Conference Cyberspace Mental Illness Network.
- ◆ Members of the Holston Conference Cyber-space Network will be notified when new training and study materials and Resource Kits are added to the Conference Resource Center;
- ◆ Be updated on progress in this area of ministry; and on important breakthroughs in medicine, advocacy, and acts of compassion relevant to United Methodists.
- ◆ Be notified of opportunities, meetings and programs as they develop.

Resources

American Association of Pastoral Counselors
(703) 385-6967
www.aapc.org

National Institute of Mental Health
(800) 421-4211
www.nimh.nih.gov

National Alliance for the Mentally Ill (NAMI)
(800) 950-NAMI
www.nami.org

Pathways to Promise
www.pathways2promise.org

Booklets

All resources listed below are available to borrow from the Office of Connectional Ministries, 865/690-4080.

Pathways to Partnership: An Awareness and Resource Guide on Mental Illness A booklet containing information about mental illness; traditions which enable faith communities to develop a response to the needs of people with mental illness and their families; pastoral resources; congregational resources; community outreach; educational models; and sources for information and support. Available in Christian and Jewish versions.

Mental Illness Awareness Interfaith Worship Resources Three booklets in this series created in response to requests for materials to use during Mental Illness Awareness Week (the first week in October); the month of May (which is Mental Health Month); and other appropriate times during the year. 1. Worship Resources; 2. The Bible as a Resource: Materials for Sermons and Articles; 3. Caring Congregations: Observations and Commentary. See their website for more resources.

When Mental Illness Strikes in A Family of Faith A brochure in Protestant, Roman Catholic and Jewish versions for families and for clergy working with families who have a member who has mental illness.

¹ Resolution on Mental Illness passed at General Conference in 1992. In 1994 Caring Communities – The United Methodist Network: p.303-304 Paragraph #109 from The Book of Resolutions includes an exhortation by GBCS for each Annual Conference to designate a coordinator of ministries for persons with mental illness.